



The Master IT Career Blueprint

A four-phase gap instrument · Experienced IT Professionals

LONG-TERM H.E.E.L IS THE HORIZON — IT APPLIES AT EVERY PHASE

1 PHASE 1 — WHERE YOU ARE

- H.E.E.L — your current position
- Personality profile · Career stage
- Domain · Company type
- Skills — the 6Qs (Intelligences)
- TMP — current path + level
- SWOT → Aspiration



2 PHASE 2 — WHERE YOU WANT TO BE

- Long-Term H.E.E.L — the lifetime horizon
- To-Be H.E.E.L — the next 2-3 years
- Ikigai — completeness check
- Domain to-be · Company type to-be
- TMP to-be — path + level



3 PHASE 3 — REALITY CHECK · ALL FOUR GATES MUST PASS

- Gate A — Is the to-be realistic? Path, domain, company type, timeline
- Gate B — Does it damage Health or Emotional Health short-term?
- Gate C — Does the change match your personality and Q profile?
- Gate D — Does it move toward Long-Term H.E.E.L? Non-negotiable

If any gate fails: adjust the to-be. Never adjust Long-Term H.E.E.L



4 PHASE 4 — SKILL GAP & TRANSITION PLAN

- Gap = the 6Q distance between current and to-be
- Time horizon by gap type — months for tech, years for domain
- H.E.E.L runway — the financial constraint on your timeline
- Your multi-year transition plan

No move is valid if it breaks Health or Emotional Health. Not a switch — a transition.

Print this. It's the instrument we fill in together in the workshop —
you'll leave with yours complete: your direction, your path, one you can revisit at every pivot.

Register: WhatsApp "EXPERIENCED" to +91 83909 03799